

**PE Long term plan**

Year	Autumn 1 (7 weeks)	Autumn 2 (7 weeks)	Spring 1 (6 weeks)	Spring 2 (6 weeks)	Summer 1 (5 weeks)	Summer 2 (7 weeks)
1	Send and Return unit 1	Attack, Defend, Shoot unit 1	Send and Return unit 2	Attack, Defend, Shoot unit 2	Hit Catch Run unit 1	Run Jump Throw unit 2
	Dance unit 1	Gymnastics unit 1	Gymnastics unit 2	Dance unit 2	Run Jump Throw unit 1	Hit Catch Run unit 2
2	Send and Return unit 1	Attack, Defend, Shoot unit 1	Send and Return unit 2	Attack, Defend, Shoot unit 2	Hit Catch Run unit 1	Run Jump Throw unit 2
	Dance unit 1	Gymnastics unit 1	Gymnastics unit 2	Dance unit 2	Run Jump Throw unit 1	Hit Catch Run unit 2
3	Football	Hockey	Gymnastics unit 1	Dance unit 1	Cricket	Athletics
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
4	Football	Tag Rugby	Netball	Hockey	Cricket	Athletics
	Gymnastics unit 1	Dance unit 1	Gymnastics unit 2	Dance unit 2	Tennis	Rounders
5	Football	Tag Rugby	Netball	Hockey	Cricket	Athletics
	Gymnastics unit 1	Dance unit 1	Gymnastics unit 2	Dance unit 2	Tennis	Rounders
6	Football	Tag Rugby	Netball	Hockey	Cricket	Athletics
	Gymnastics unit 1	Dance unit 1	Gymnastics unit 2	Dance unit 2	Tennis	Rounders

Please ask to see our further PE curriculum documents.